

FIRST CONGREGATIONAL CHURCH, UCC

110 North Third Street, River Falls, WI 54022

715-425-2052 ■ www.firstchurchrf.org

March 1, 2022

*No matter who you are,
no matter where you are
on your spiritual journey,
you are welcome here!*

As Jesus' courageous disciples,
living God's grace, we strive to:

- Worship faithfully
- Welcome openly
- Grow spiritually
- Care passionately
- Serve generously



Pastor's Page

A Good Question

Have you ever noticed that when Jesus was teaching, his most effective method was by asking a question? I recently read a fabulous book by UCC author and pastor Martin Copenhaver called **Jesus is the Question: The 307 Questions Jesus asked and the 3 He Answered**. Copenhaver makes the point that rather than

giving his followers a list of things to do and facts to remember, Jesus told stories and parables. Rather than reciting long lists of commandments for his followers to memorize, Jesus asked them questions and told them stories. The goal of both question and parable was the same—to elicit new understanding. Put simply, Jesus' goal was not to give more information, but to transform people's lives. In a world in which we are so inundated with information, I find this helpful.

Taking a cue from Jesus, this Lent we are going to wrestle with some of the big questions of faith and life. Starting on Ash Wednesday and going all the way through Easter we will take a cue from Jesus and dive deep into scripture, unpack stories and help us answer the question—what does Jesus want us to do today? During our Wednesday Lenten services, Prayer Around the Cross, we will take Sunday's question and help answer it by praying and singing together, as well as hearing some of our most beloved children's stories along with some new stories. Together may we grow in faith and love this Lent.

Ash Wednesday: What are you looking for? John 1:38

Lent 1: Who do you say that I am? Matthew 16: 5

Lent 2: What do you want me to do for you? Mark 10:51, Luke 18:41

Lent 3: Where is your faith? Luke 8:25

Lent 4: Do you see this woman? Luke 7:44

Lent 5: What must I do to inherit eternal life? Luke 18:18, Matthew 19:16

Lent 6: What then shall we do? Luke 3:10

Maundy Thursday: Do you know what I have done for you? John 13:12

Good Friday: My God, my God, why have you forsaken me? Matthew 27:46

Easter: Why do you look for the living among the dead? Luke 24:5

Pastor Chris

Newsletter Delay

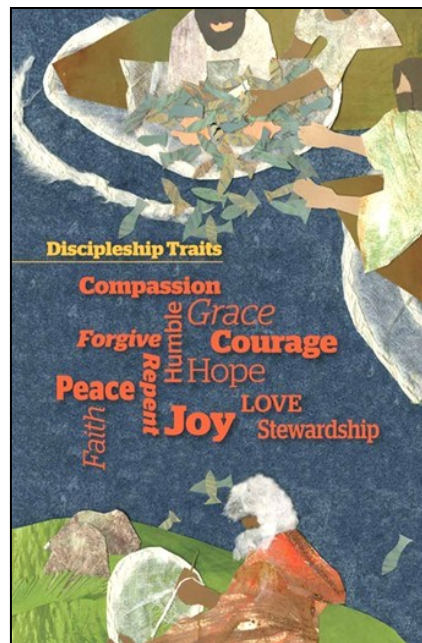
Because of a toner shortage, the February 15th newsletter was delayed. With the short month of February, there will be no end of February newsletter, instead we will bump up early March newsletter. Hopefully by mid-March we will be back on our regular schedule of newsletter deadlines of the 10th and 25th of each month. Thank you for your patience!

A Shift on Masking in Church

With the quick decrease in local Covid infections, church leaders are carefully monitoring the local situation with regard to masking and church life. As we write this, local schools will remove mask requirements on February 28 and UWRF on March 11. Fewer masks are seen in stores, yet many businesses have still not called workers back to the office. We are all tired of masking and want this to be over.

This past Friday the CDC changed its mask guidance based on local conditions. In Pierce County last week there were less than 50 Covid cases down from over 750 at the beginning of January. There have been no deaths since early January and hospitalizations continue to fall. It is time to change.

Starting Monday, February 28 the church will no longer require masks inside the church building. Masks will still be available by the church entrance and on the sign up table for those who wish to use them. The online and radio worship options will continue indefinitely. We know some of you were ready for this change a long time ago, and others of you will receive this news with unease. Please continue to pray for church leaders as they monitor local conditions and seek to keep us both faithful and safe in our common ministry. But most of all let us treat one another with love, grace and compassion which are three of our 12 church discipleship traits.



Sunday Schedule

8:30 am—Coffee ready!
8:45-9:45 am—Adult Forum
9:00-9:45 am—Music Practice
10:00 am—Worship and Sunday School in Sanctuary
10:30 am—Kids Preschool thru 8th Grade leave for Sunday School
11:00-11:30 am—Coffee Fellowship in Fellowship Hall
11:15 am—Sunday School Ends
11:30 am—12:30 pm—Middle or High School Youth Group

We are worshipping in the sanctuary and no longer require masks. Please continue to pray for our church leadership as they seek to find ways for us to gather both safely and faithfully.

Wednesday Lenten Schedule

With the arrival of Lent, our Wednesday church schedule changes slightly. Here it is:

3:45-5:15 pm—Wednesday School
5:15-6:00 pm—Family Meals In Person (sign up!)
5:15-5:45 pm—Family Meals Drive Thru (sign up!)
5:45-6:30 pm—Bell Practice
6:30-7:00 pm—Lenten Worship: Prayer Around the Cross; Confirmation Part One for Parents, Interns, Youth Group & Confirmands
7:00-7:30 pm—Confirmation/Interns/Youth Group Part Two
7:00-8:15 pm—Choir Practice

Adult Forum

The Adult Forum discusses the Sunday's Bible texts prior to worship on Sunday mornings. The conversations focus on discerning context, asking questions, and considering what the text says to our lives and the world. Please come! All are welcome. The Adult Forum meets in the Youth Room, **Sunday mornings, 8:45-9:45 am.**



Wednesday, March 2 - Ash Wednesday Worship/ Summer Trips Meeting

Wednesday, March 9 - High School Youth Group

Wednesday, March 23 - Middle School Youth Group

Wednesday, March 30 - Interns

Sunday, March 6 - Middle and High School Youth - Can Can Wonderland, depart at 11:30 am, return 4:00 pm

Please sign up: <https://www.signupgenius.com/go/904054BA9AD29A4FF2-middle7>

775 Prior Avenue, Suite #004, St. Paul, MN 55104. Transportation will be provided for those who want it.

Important info for Can Can Wonderland: Masks required. Covid Vaccination cards or negative test (within 72 hours of event) must be presented, and a photo ID if you are over the age of 18. More info on policies found at <https://cancanwonderland.com/covid-19/>



Vacation Bible School

Please mark your calendars for the 2022 VBS! The dates are August 1-4, 2022. Our plan is to return to a pre-pandemic VBS format. This means we need lots of people: kids to participate, teens to help, and adults to guide students. Please register your willingness to help at the link on the church website (and below) or by signing the volunteer list on the sign-up table.

<https://www.signupgenius.com/go/904054BA9AD29A4FF2-vbsvolunteers1>



Church Interns

Recently our church interns met to talk about humility and prayer. Humility is one of our 12 Discipleship Traits at First Congregational. We talked about how humility does not mean thinking less about yourself, but thinking about yourself less often. Then we moved on to an exercise reminding us how prayer connects us to our true selves, others, and God. We ended our time with a 4-week prayer challenge. Please remember to pray for our 21 church interns in your own prayer life.



Sunday School

Sunday School students studied the story of King Solomon building a temple. Here is a picture of one student-artist showing what he think Solomon's temple might have looked like. Be sure to notice the pillars!



Family Meals

Wednesday night we are offering our home-cooked meals. The cost is \$8 per person with a max per family of \$25. There is in-person seating in the Fellowship Hall or you can receive your meals 'to go' served drive thru in the back church alley (enter on Maple & exit on Elm Streets) between 5:15 and 5:45 pm. We are thankful to Katy Kapaun, our church cook, our kitchen helpers & church interns, all of whom make this ministry possible.

Please sign up on the website by 4:00 pm Tuesday and indicate 'to go' or 'in person' in the comment section.
Here is the menu:

Mar 9—Sliced turkey and ham, dressing, potatoes and gravy, vegetable, roll

Mar 16—Swedish meatballs, butter and parsley potatoes, vegetable, roll

Mar 23—Parmesan crusted chicken over rice pilaf, salad, croissant

Mar 30—Baked pork chop, garlic mashed potatoes, red cabbage & cooked apples, bread

Apr 6—Meatloaf, baked potato, vegetable, bread

Church Yoga

Jan Hansen's church yoga group meets on **Tuesdays and Thursdays in the church Fellowship Hall from 9:00-10:00 am and via Zoom**. Please contact the church office to receive the Zoom link.



Offering QR Code

1. On your mobile device, open your Camera app or QR Code app
2. Point your camera at the QR Code
3. Click tab 'Give Online'



Care Givers Needed

The Church Care Team identifies shut-ins and senior friends and then matches other church members to visit them in their homes. It is a tangible way of making the love of Christ visible.

Many wonderful friendships have emerged from these caring relationships. The Care Team is in need of a few more members who would be willing to be matched with a senior or shut-in. Please contact the church office to volunteer or the current Care Team Members (Jan Hansen, Jill and Merle Paulson, Vicki Hoffman, Kathy Wochomurka, Callie Trauttmiller, Diane Welsh, Pastors Chris and Dave).

Treasurer's Report

	Week of Feb 27, 2022	Year to Date
General Fund Income*	\$ 4,995	\$ 128,908
General Fund Operational Needs	\$ 9,909	\$ 89,181

A full accounting of all income and expenses is available in the church office.

*Includes annual and monthly gifts.

Church Staff Contact Info

Pastor: Chris Myers—chris@firstchurchrf.org

Office: Missy Luedtke—missy@firstchurchrf.org

Education: Stacy Myers—stacy@firstchurchrf.org

Mission: Dave Ostendorf—dave@firstchurchrf.org

Youth: Alex and Sarah Plum—rfyouthgroup@gmail.com

Music: Jamie Mills—degolierjamie@gmail.com

Choir: Sarah Plum—sarah.e.plum.95@gmail.com

Building: Farnum Fuller—farnumfuller@gmail.com

Maintenance: Tim Bylander—timthefixitguy@gmail.com

People in the Pews: Marie Roe

I grew up in South Milwaukee, WI and now live in Hudson (town of Troy). We moved here from Asheville, NC in November 2004.

When we were "church shopping" we came to First Congregational Church, and it felt like home from our first visit. We were members of the Watertown, WI UCC church and both boys were baptized there. We joined the church in 2005. The Youth Group embraced our sons, Kelvin and Bryan, and Pastor Chris allowed Bryan to join in the confirmation class.

We were impressed with the warm welcome from everyone and joined committees soon after joining the church.

I am retiring in June and look forward to being able to participate in yoga in person and take part in other activities.



Mortgage Summary—As of February 1, 2022

Original cost of Facilities Expansion Project	\$2,386,970.00
Remaining amount on Bank Loan	\$495,000.00
Cash on hand in the Building Fund	\$93,967.85
Interest Rate (Locked in through January 2027)	3.39%
Monthly Payment	\$2,622.76

Adult Bible Study

Adult Bible Study meets **Wednesday afternoons, 1:00–2:30 pm** in the Youth Room. The group is reading *The Remarkable Ordinary* by Frederick Buechner. Copies are available in the church office for \$16.00. For more information, contact Pastor Stacy.



What the Pastor is Reading

Ordinary Saints by Rev. George Ault tells the story of the ordinary people who do the work of God in our community and world. Written by a UCC pastor in Arizona and reflecting back on his 50+ years of ministry his words are simple and evocative. A copy is in the church library.

Facing the Mountain by Daniel James Brown (who also wrote **Boys in the Boat** about the rowing team from the University of Washington who went on to compete in the Munich Olympics), tells the story of Japanese Americans from Hawaii and the West Coast who were interred during World War 2. It includes wonderful stories of courage, faith and patriotism especially from those internees who went on to form the 442nd combat team who became the most decorated unit in the World War 2. A wonderful companion to the book our own Callie Trautmiller wrote a few years ago **Becoming American**.

The Late Home Comer: A Hmong Family Memoir by Kao Kalia Yang tells the author's story as she and her family flee Laos after the Vietnam conflict and settle in St Paul. A wonderful immigration story which tells how the immigration experience affects people. Yang is now a professor at Carleton College in Northfield, MN. A copy is in the church library.

Saving Us: A Climate Scientists Case for Hope and Healing in a Divided World by Katharine Hayhoe is written by a Canadian, Christian climatologist who is married to an evangelical pastor and teaches in Waco, Texas (bet you wonder how all those things work together). A wonderful book that offers exactly what is says—hope and healing as we face climate change. A copy is in the church library.

Engaging the Word, Engaging the World...

Upcoming

Tuesday, April 5, 6:30–8:00 pm, “Solar Power: Bringing It Home,” Fellowship Hall. This Learning Community Gathering will provide homeowners anywhere in the area a “one-stop” opportunity to learn about home solar installation and solar power options. Area solar installers, utility reps, and a rep from the statewide Focus on Energy group will join River Falls Municipal Utility staff and current solar homeowners to provide information on the process and outcomes as we expand our sustainability commitments.

Updating

Among Friends will reopen its program **Tuesday, March 15** at the church. Due to the pandemic Among Friends has postponed operations to protect participants and volunteers.

Among Friends seeks a part-time, paid Program Coordinator to assist its commitments with older adults with memory loss, and their caregivers, at its social respite program, which meets weekly at the church. Since 2017 Among Friends has provided welcome support to many area families. Its staff and volunteers are recognized for their kindness and support for participants and their families. To learn more about this position contact Bonnie Jones-Witthun (715-307-1182) or Norma Revels (651-260-5725).

Unfolding

Earth Fest 2022, Sunday afternoon, April 24 is taking shape for Glen Park! Leaders from numerous organizations are working together with *Hope for Creation* members and partners to make the afternoon one of the biggest events of spring. There will be music all afternoon, food, booths and displays, electric vehicles, tree planting, games and other activities for children and youth... a great afternoon for everyone! See the posters in the Narthex and put the day on your calendar now!!

Earth Fest 2022 invites us to join a growing number of volunteers to help with the community-wide celebration on Sunday afternoon, April 24 at Glen Park. Specific responsibilities will be forthcoming. A signup sheet will be available on the Narthex Table—help make the day a memorable event for 2022!!

Habitat Build This Spring. New Richmond will be the site of a new Habitat home to be built this spring for a multi-generational family of seven. St. Croix Valley Habitat is currently pre-registering volunteers interested in participating in the project, with calendar dates for on-site work to be set in the weeks ahead. If you're interested in volunteering please contact the church office.

This May Mission Ed committee will sponsor a "Mental Health First Aid" class, a training for adults 18 and older, provided by St. Croix Valley United Way. The course teaches the skills to respond to signs of mental illness and substance use in adults. The course will be offered to First Congregational members and its costs will be covered by the Mission Education Committee. Look for more information in upcoming newsletter or contact Sally Steneman, stenesal9@gmail.com.



Because Sometimes You Just Need to Party

On **Thursday, July 7**, the church is hosting an epic kick off to River Falls Days Weekend: a pizza truck and a Bluegrass band out on the church lawn. Recognizing we all need something fun to look forward to at this time of the year and recognizing also how long this pandemic has dragged on, the Music Committee will be hosting a concert out on the church lawn with a local Bluegrass band providing the entertainment. Details closer as the date approaches. Mark your calendars!

CHURCH COUNCIL MEETING SUMMARY

FEBRUARY 15, 2022

Treasurer's Report: Delayed until meeting end. Discussion led by Joel and Pastor Chris. Reviewed the report, discussed the pattern of giving over the course of the year.

Old Business:

Building Fund Update - Loan has been refinanced. No prepayment penalty was charged. 5-year ARM @ 3.39%, loan balance \$495,000, about \$94,000 in BF Acct

Church Reopening Plan Updates - Wednesday meals are occurring-mostly to-go meals. 60 attendees at this point. Wednesday School and Yoga have resumed. Funeral meals will be box lunches at this time. Choir restarted - discussion about masking. Among Friends to re-open on March 15th.

When to stop masking? - Council discussion occurred regarding whether to request masks or recommend they be worn but not required. We need to continue to monitor infection rates as mandates are lifted in the business and public institutions. Further discussion will occur at the March Council Meeting regarding any decisions.

Church Van Update - no new information

New Business:

Weekly Communion - Whole council discussion - See letter from Chris in the newsletter. Council members provided their own experiences with communion in response to the question "What was your communion experience growing up?"

Annual Meeting Follow Up - Joel - next year to hold additional discussion to explain expected income in the budget.

Note Taker for March for JoAnne - Kathy R. or Karen L.

Ministry Updates:

Christian Education - Lending library work, planning to spruce up the area.

Deacons - Scheduling help for Holy Week, working out logistics.

Discipleship - No meeting, no report.

Endowment Grant: The Endowment Grant Committee met in Person on February 7, 2022. The committee received one grant request. Budget balance prior to grant approval(s): \$20,871.00. The Committee approved the following grant request: Refugee Resettlement Committee: \$5,000.00 for the Afghan Refugee Resettlement Program. There were no ungranted requests. Funds remaining following the awarding of grants in 2022: \$15,871.00. The next grant request deadline is March 28. The next Committee meeting will be April 4, 2022.

Mission Education - May 11th & May 18th. Mental Health First Aid Training scheduled.

Sustainability Pledge Commitment as a congregation. Future Habitat project in New Richmond.

Music - No report

Personnel - No report

Strategic Plan - No report

Trustees - No meeting, no report

Welcoming Ministry - No report

Pastor - Concert and Pizza truck scheduled for Thursday, July 7th on the front lawn. Memorial Service for Jean Hagberg is scheduled for Saturday, April 9th. Memorial Service for Judith Permann will be held Saturday, June 18th. Ash Wednesday is March 2nd, There will be a Youth meeting afterwards to discuss the Boston trip, Mission trip and Camping trip plans.

Moderator - No report

Pic the Bible - No report

Others

Additional New Business - Joel - None

Adjourn

NEXT MEETING: March 22, 2022 (note one week later than usual because of Spring Break).

Old and New Bible Raps

Nearly every young person who goes through Wednesday School or Confirmation at First Congregational Church learns the Old and New Testament books of the Bible by singing one of the Rev. Bryan Sirchio's Bible Raps. Some lucky one's also learn the 12 Disciples Songs. They are fun, easy ways to remember both the order of the books of the Bible and the names of the disciples. We used to give out copies of the songs on cassette tapes, then CD's, and now with everything online, we give you the online YouTube links so you can enjoy them, learn them, or to refresh your memory. Enjoy

Old Testament Rap <https://www.youtube.com/watch?v=RV7PM1i4TwI>

Or search on YouTube: Old Testament Rap (ABCs of the HB)

New Testament Rap <https://www.youtube.com/watch?v=1K2yn7aJiTk>

Or search on YouTube: Bryan Sirchio New Testament

12 Disciples Song <https://www.youtube.com/watch?v=abFZlZRWqPE>

Or search on YouTube: 12 Disciples Bryan Sirchio

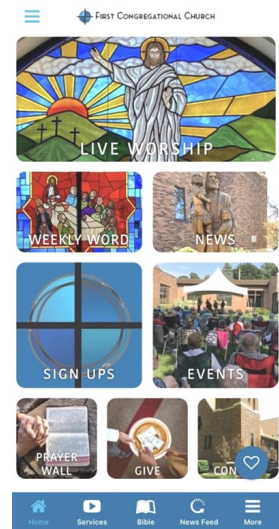


Church App

The church has a mobile phone app. You can download it from the church website or by scanning the QR Code to the left (directions below). The App includes: Live and Past Services, Weekly Word, Newsletters, Sign Up Sheets, Events Calendar, Prayer Wall, Giving, Bible, News Feed, Push Notifications. Call the church office with any questions or if you need help.

Five easy steps to get our church app on your mobile device:

1. On your mobile device, open your Camera app or QR Code app
2. Point your camera at the QR Code above or visit: <https://bit.ly/FCCApp>
3. Click on the link that pops up
4. Install the Church App - Tithe.ly onto your device
5. Open the Church App (skip login if prompted) and get connected with our church



Altar Flowers

Please sign up to provide flowers for the altar for Sunday worship. Sign up at church or on the church website:

<https://www.signupgenius.com/go/904054BA9AD29A4FF2-altar>

Welcomers Needed

Please sign up to be a welcomer on Sunday morning before the worship service. One person is needed for at the bottom of the stairs at the 3rd Street Entrance. Please arrive 20 minutes prior to the worship service. Sign up at church or here: <https://www.signupgenius.com/go/904054BA9AD29A4FF2-welcomers>

www.signupgenius.com/go/904054BA9AD29A4FF2-welcomers

Coffee Fellowship Hosts and Liturgists Needed

Coffee Fellowship Hosts will be asked to serve Best Maid cookies which are in the church freezer, make lemonade and/or serve coffee. All the materials are provided, you will simply need to serve and clean up (at this point we are using disposable cups). Sign up at church or on the church website: <https://www.signupgenius.com/go/904054BA9AD29A4FF2-coffee>

Liturgists will lead us in the Call to Worship and one of the Scripture Lessons. The material will be emailed out on Thursday to practice. Sign up at church or on the church website: <https://www.signupgenius.com/go/904054BA9AD29A4FF2-liturgist>

Please note church interns can receive credit for either of these activities. Thank you for volunteering in these important ministries as we continue our journey.

SERVE
generously

Simpson Shelter Needs

- Twin, full, and queen size blankets and sheet sets—new
- Pillows—new
- White t-shirts—new, sizes small & medium
- Large tubs of Country Time Lemonade and Kool Aid mixes (we use these in Igloo containers for meals)
- Hot sauce
- Coffee—ground, caffeinated
- Products for textured and natural hair
- New shower curtains and shower rings

There is a box at the church for donations. Thank you!

Save Family Fresh Receipts

ARC gets \$1,000 for every \$150,000 in receipts, so every dollar counts. ARC is the agency funded by local churches to help address the immediate needs of people in our community (rent, utility, gas, repair help). A box for receipts is on the back table.

Among Friends

Among Friends provides a social respite for individuals with dementia and their caregivers. They are open from 9:00 am to 2:00 pm every Tuesday here at the church **beginning again on March 15, 2022.**

Relay for Life

It's back and in person. The Relay for Life event will be **April 1, 2022, held at the River Falls High School** and that's no joke. This year's theme is "Around the World - A World Without Cancer." Our church has been involved in this event for many years and has raised more than \$12,000. Help us this year to raise more dollars to assist the American Cancer Society lessen the fear of cancer. Our team's first fundraiser was the Soup Night.

The Relay for Life Event is a community event. It begins at 5:30 pm with the Spaghetti Dinner and then the Survivor Walk at 6:00 pm. Other highlights are the Luminary Hour at 9:30 pm with the announcement of "in honor of" or "in memory of" people affected by cancer and the Silent Auction.

More information on opportunities to donate and chances to be involved are coming up. Also, please join our team and share the gratification of helping people in need. To be a member of our team or if you have questions, contact Deb Hoffman, 612-308-4945. Thank you in advance for all your help and support.



amazon smile Free Money for Church Ministries

The church has created an Amazon Smile account through which the church can receive a portion of the price of each purchase you make through Amazon. You need to do two things for the church to receive this money. First, go to Amazon Smile by typing in smile.amazon.com and then add First Congregational Church River Falls to your Amazon Smile. Second, every time you order you must order through your Smile account by going to smile.amazon.com. Once you do this, the church will receive 0.5% of each eligible order. Please contact the church office if you have questions. Last quarter the church received over \$75 for this account, but that amount could grow greatly if you add the church to your Amazon account. Do it today!

Save Your Batteries to Recycle!

We have a container available for recycling all those old, depleted batteries. Start saving them now and bring them to church. We'll pass them on to the recyclers and keep them out of landfills and the environment in our ongoing commitment to sustainability.



FIRST
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RIVER FALLS

Office Phone: 715-425-2052

E-mail: office@firstchurchrf.org

Website: www.firstchurchrf.org

STAFF

Chris Myers, Pastor

Dave Ostendorf, Minister for Community and Outreach

Stacy Johnson, CE Minister

Missy Luedtke, Office Administrator

Joel Larsen, Moderator

Alex and Sarah Plum, Youth Ministers

Jamie Mills, Music Coordinator and Bell Choir Director

Sarah Plum, Choir Director

Marsha Pearson, Organist

Terry Mithun, Organist

Tim Bylander, Building Supervisor

Farnum Fuller, Custodian

Pastor's home phone number:

Chris Myers 715-426-2075

chris@firstchurchrf.org

FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST

110 N. Third Street

River Falls, Wisconsin 54022

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RIVER FALLS, WI 54022

ADDRESS SERVICE REQUESTED

MARCH 1, 2022

First Communion Information for Parents

When do children at First Congregational Church begin taking Communion?

There is no uniform age at First Congregational Church when children begin participating in the Lord's Supper. Some children are pre-school age, others are in elementary school, and some wait until confirmation to begin taking Communion. The Bible and church history do not give decisive guidelines about the age to begin celebrating the Lord's Supper. The decision about when people are welcome at the Lord's Table has largely been made by local worshipping communities. Our practice is to include children when they and their parents think they are ready to participate.

How will I know when my child is ready?

Some parents choose infant communion for their children. Many parents wait until their children express an interest. Typically, children are ready to participate in Communion when they start asking questions about this sacrament. One important theme of Communion is inclusion: All are welcome at the table of the Lord. If a child feels excluded, it is a good time for that child to begin participating.

My child does not yet receive Communion. Should she/he still come forward?

Yes, all people are invited to come forward to the servers at the Communion distribution time. Children who will not be communing should keep their hands folded (as opposed to reaching out). This is a signal to the pastor and deacons that the child desires a blessing.

Sign Up Sheets: All of the current sign-up sheets are on the church website. Click on the "Connect" button at the top of the page and then select "Sign Ups/Forms."