



Night In Norway

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Night In Norway

Overview of our night:

Welcome

EAT! Enjoy some Norwegian cake!

Norway basics

Sample Trip (based on our 2023 summer trip)

Norway in a Nutshell (NIN)

Stave churches

Sognefjord

Other places to visit in Norway

How to afford this?

Resources

Tips of traveling PC style

Questions



Questions:

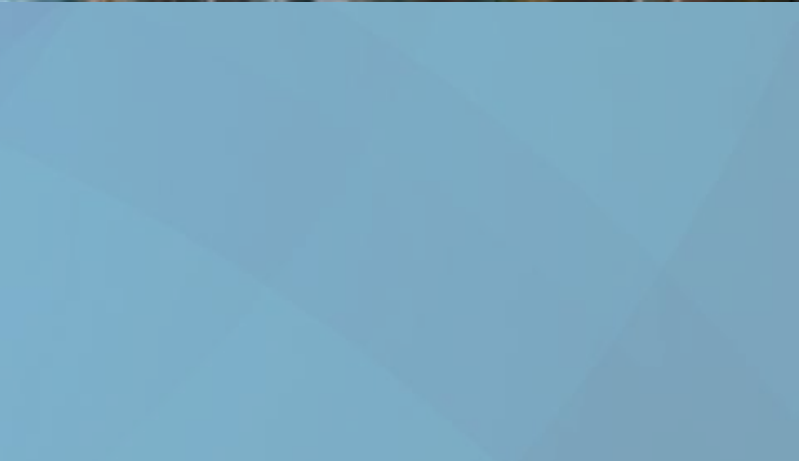
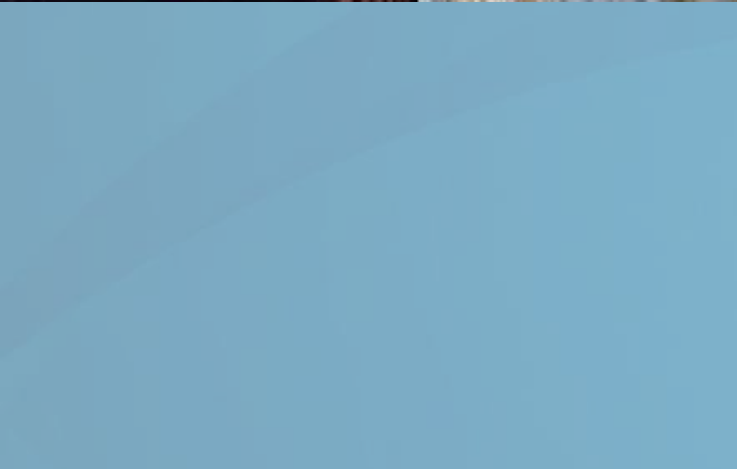
What is the first thing you think of when you think of Norway?

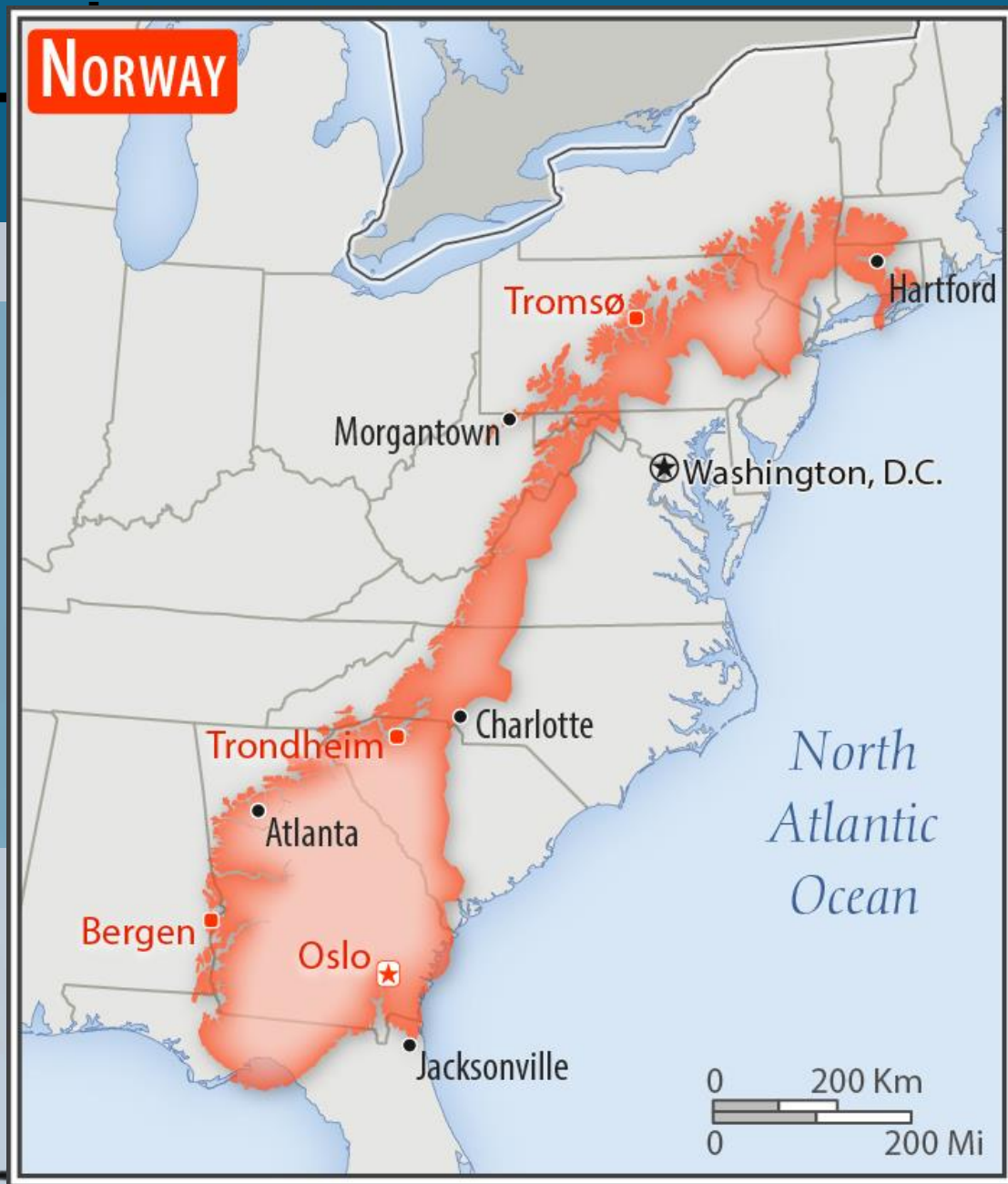
How many of you have Norwegian ancestry?

How many of you have been to Norway?

How many of you are interested in planning a trip to Norway?

How many of you actually like lutefisk?





Norway Fast Facts:

5.4 million people—about same as MN and WI
4.5 million Americans claim Norwegian ancestry

500,000 non Norwegian immigrants

Long and narrow country

Only 3% of the land is farmed

About the size of the state of New Mexico

Lots of mountains, fjords and water

Oil– Sovereign Wealth Fund 1.5 billion (\$255K pp)

Leads the world in electric cars

85% of the cars sold in Norway are electric

Lots of people live outside main cities

Expensive—but you can still visit wisely



Major Sites:

Oslo

Bergen

NIN-Norway in a Nutshell (connects Bergen and Oslo)

Western Fjords—Sognefjord and Geirangerfjord

Stavanger and Pulpit Rock

Hardangerfjord

Stave Churches

Trondheim

Lofoten Islands

Hurtigruten Boat/Ferry

Lillehammer-Olympics

Hiking! www.dnt.no



Our Summer 2023 Itinerary

- Oslo –2 nights at hotel
- Norway in a Nutshell to get to Bergen
- Bergen – 2 nights at Airbnb
- Sognefjord –week at a cabin
hiking, biking, stave churches, glacier walk, scenic drives, fjords
- Hardangerfjord (Voringfossen) – one night at hotel
- Pulpit Rock – 2 nights at lodge
- Home out of Bergen



Oslo



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Bygdøy Island Museums (take the ferry there!):

Fram

Viking Ship

Kon Tiki

Folk Museum

Opera House

Munch Museum – The Scream

National Museum of Art

Vigelandsparken– sculptures

Akershus Fortress

Royal Palace

Oslo Pass is a great idea!

1,2 and 3 day options

includes all admissions and transport

Restaurant Rec: Oslo Street Food



Fram Museum





Kon Tiki Museum

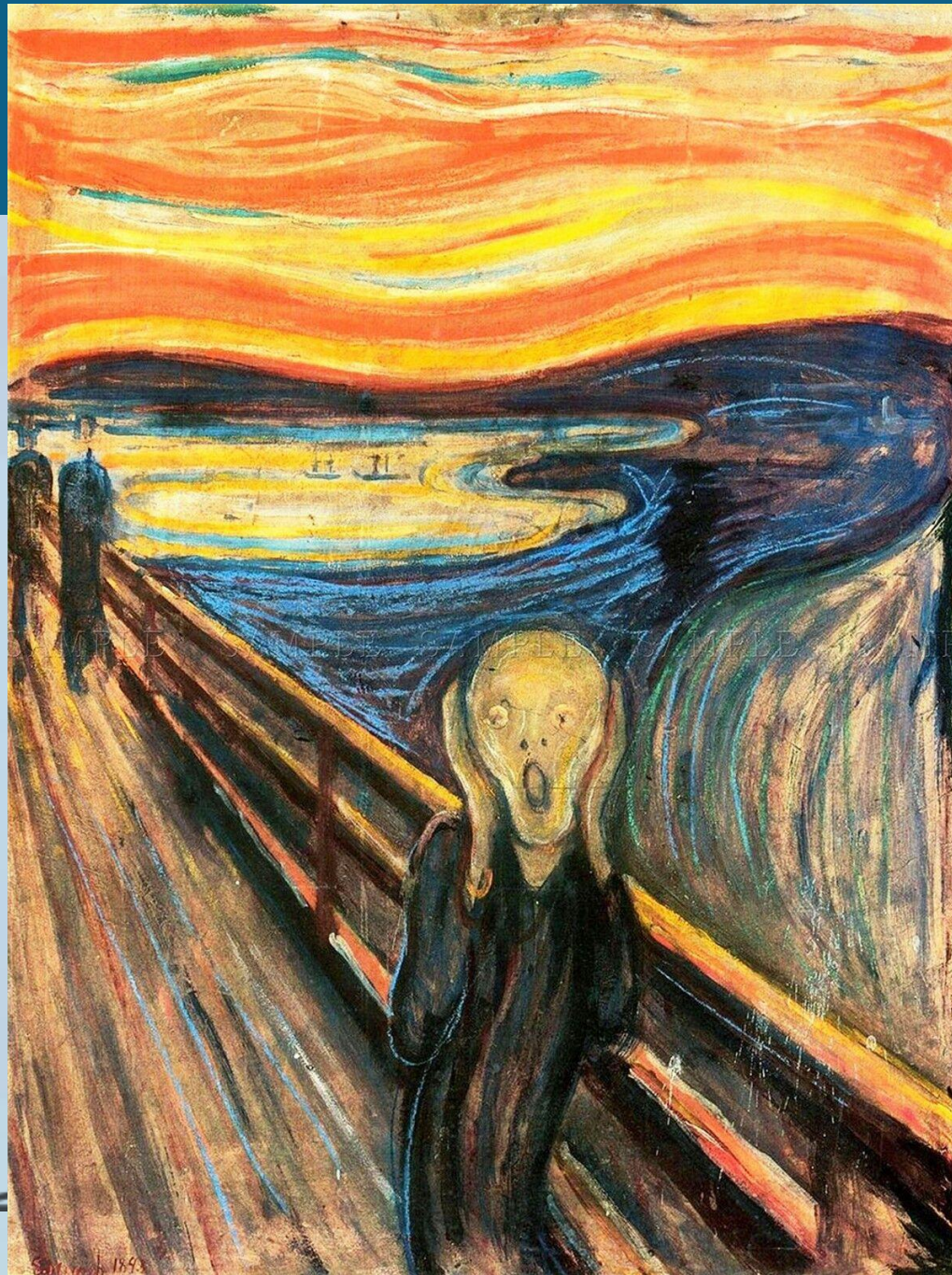
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Norway Folk Museum





The Scream:

‘Can only have
been painted
by a madman’

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Oslo Opera House and Sauna Boat





What is Norway in a Nutshell?



Train from Oslo to Myrdal (5 hours)

Cog Train down to Flam (1 Hour)

Ferry thru Gudvangen (2 hours)

Bus to Voss (1 Hour)

Train to Bergen (90 minutes)

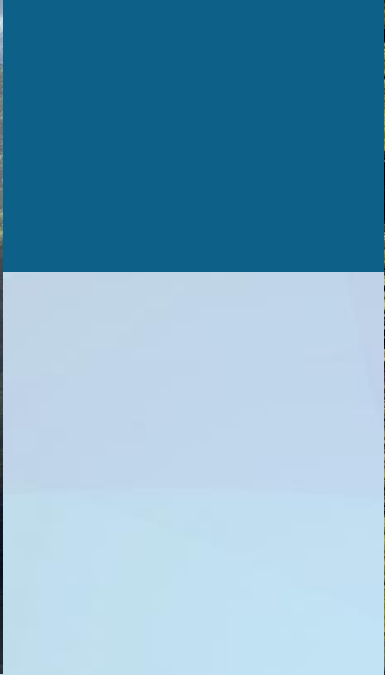
Cost? About \$200 via agency

Do it yourself early about \$120

A loooooooooong but beautiful day

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Naeroyfjord—just 1500 feet wide

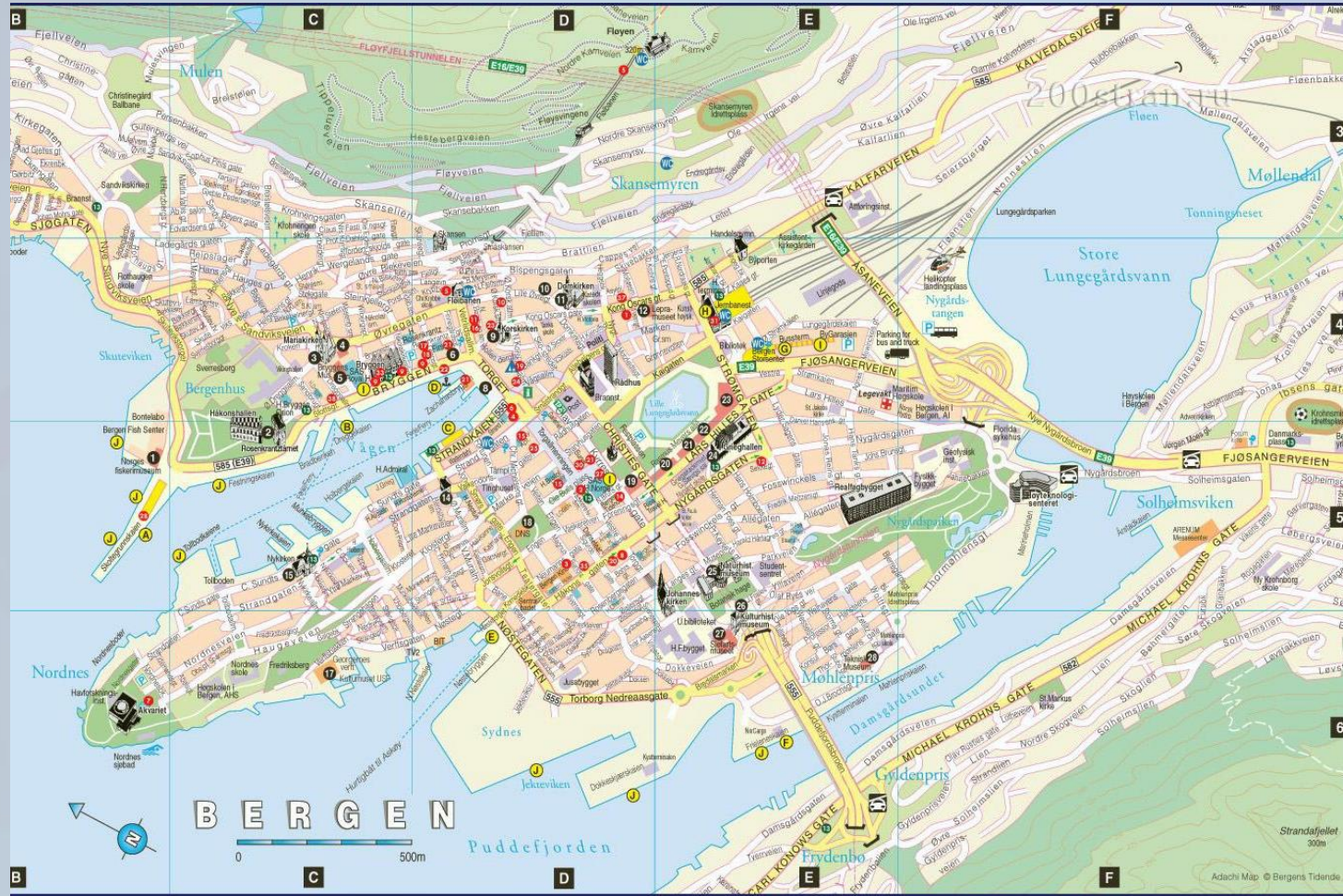








Bergen



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Floibannen (cable car)
Kodo Museums
Trollhaugen (Edward Grieg's House)
Strolling and Shopping
Fish Market
Hanseatic Museum
Bryggen (dock) area
Bergenshus Fortress



Bergen – Where is rains and rains and rains





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Mount Floyen





Trolldhaugen –Edward Grieg's House

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Today there are 29

Used Viking skills from boatbuilding to build churches

Very dark—almost no windows





Urnes Stave Church



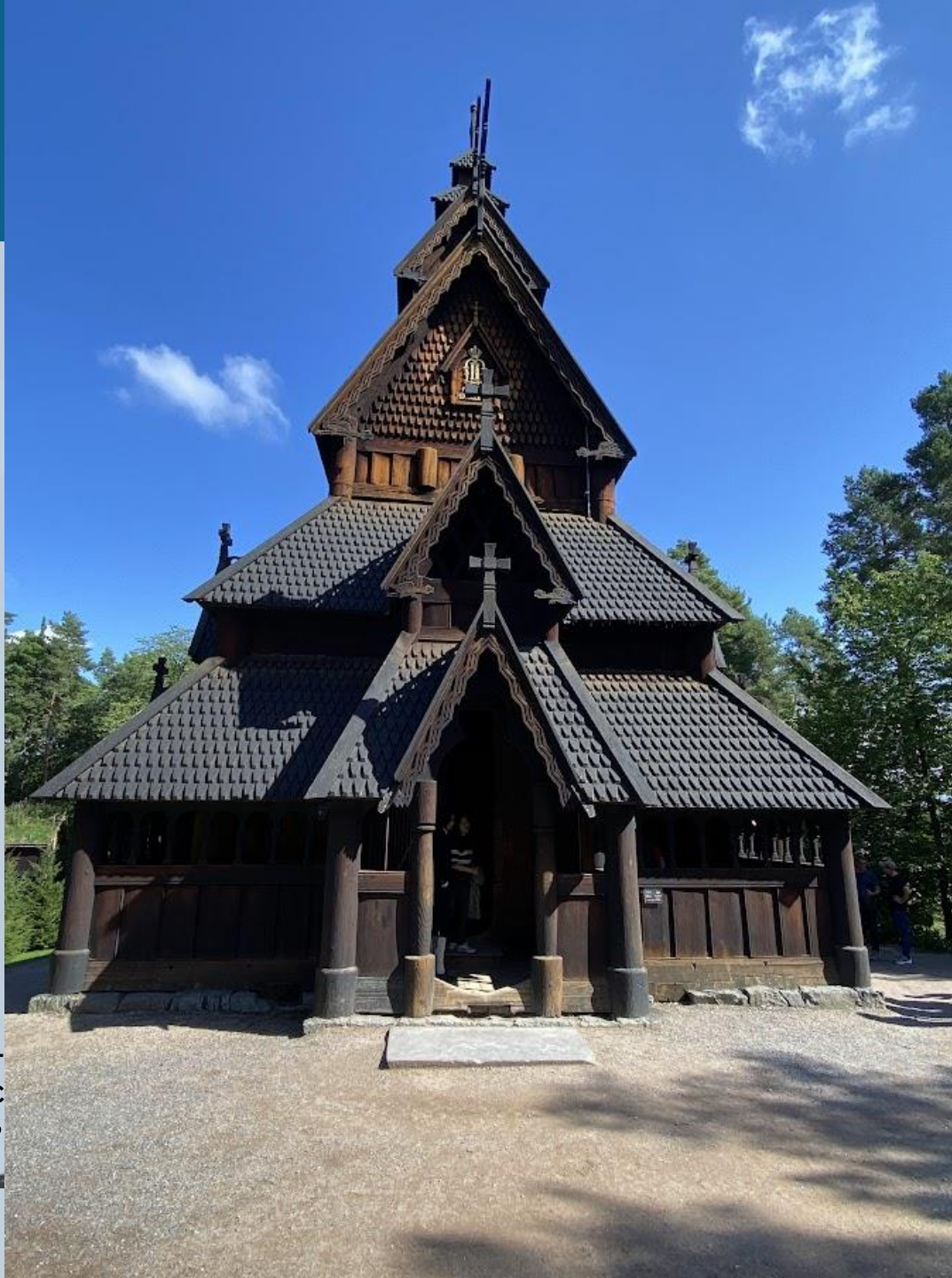


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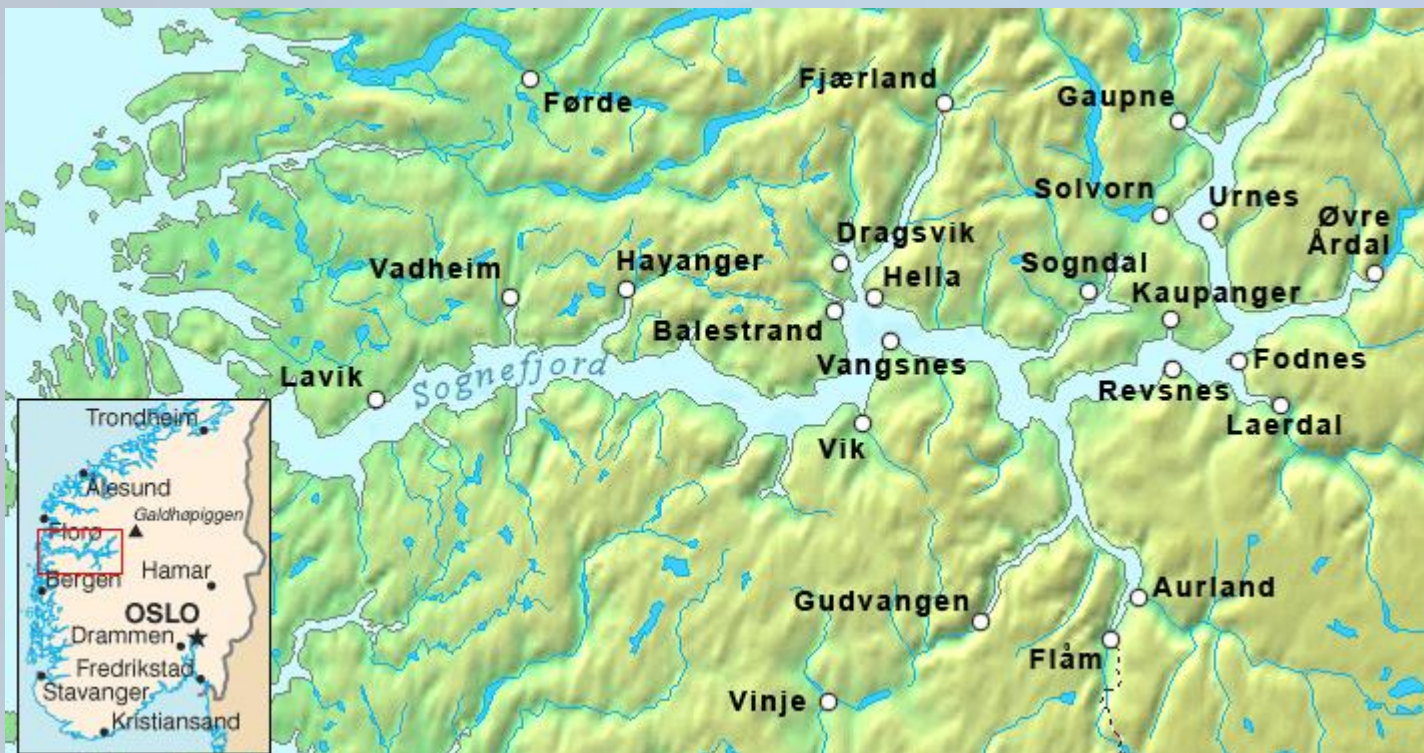


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Fjords: Sognefjord and Geirangerfjord



Balestrand
Urnes Stave Church
Hiking
Boating
Flam
Glacier Hike
Fjord Safari
Rallenregen—biking

127 miles long
4200 feet deep
3300 feet deep for over 60 miles inland
Cliff 3300-5200 feet surround it

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Cabin on Sognefjord





Sognefjord

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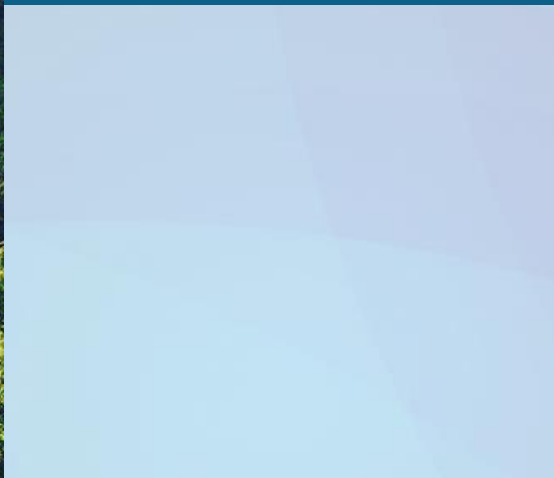




Rallervegen—Bike Ride from Myrdal to Flam



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Balestrand



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Snow Road





Molden Hike



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Glacier Hike-Nigardsbreen



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Voringfossen--Hardangerfjord



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Fjord Safari

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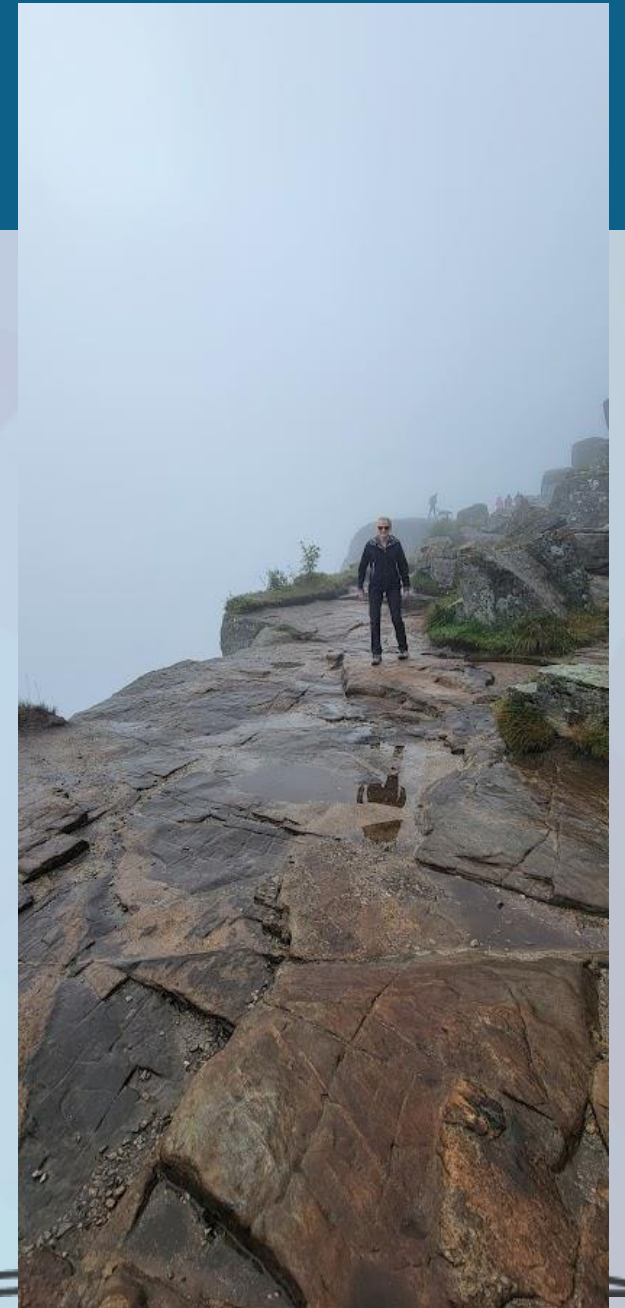




Pulpit Rock Try One



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Pulpit Rock- Try Two





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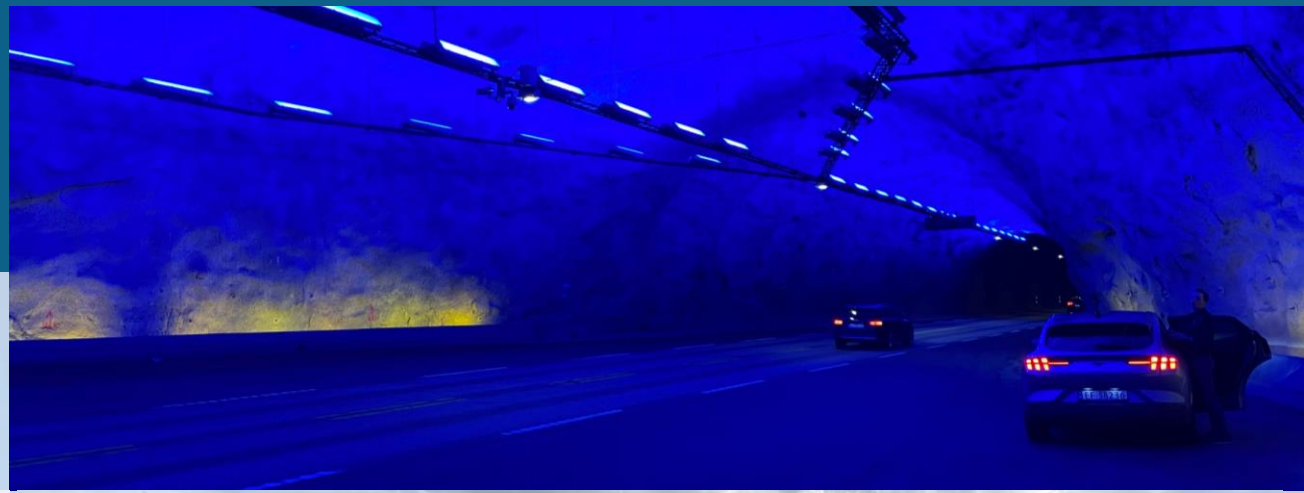


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Rent an Electric Car





Norway Travel Tips

- Rent an electric car – you will save lots
- You will never speak Norwegian
- You will never use cash—the Norwegian currency is....
- It is expensive..
- But you can manage it if you prepare
- Driving is wonderful and frustrating
- You will be taking LOTS of ferries
- Take out and supermarkets are your friends
- Alcohol will not be your friend (driving and cost)
- Add 30 to 50% more time to every driving direction
- Everything is closed on Sunday (almost)
- Alcohol is ridiculously expensive and hard to buy



Trip Planning

- Rick Steves
 - look at the videos
 - read the books
 - look at the travel forum
- Lonely Planet
- Earthtrekkers
- Tripadvisor
 - forum—questions and answers



Airfares

Google Flights

Skyscanner.com

Hopper -- an app not a website

To Europe from MSP:

Delta: Amsterdam (3X daily), Paris, London

Other carriers—connections – Chicago, NY, Atlanta,

Icelandair—thru Reykjavik/Keflavik airport (like Sun Country)

Condor—thru Frankfurt

Aer Lingus – thru Dublin (new!)

Lufthanza –thru Frnakfurt (new!)

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Try different cities

Try open Jaw tickets (in one city out another)



How to get Deals

--Sam's Club and Costco

--AAA

--Amazon

--Package deals – Kayak, Travelocity, Sun Country, Delta

Booking.com

Airbnb

VRBO

Google Maps



How to afford all this?

Found money

tax refunds, birthdays, mileage reimbursements, refunds

Pay in chunks like the old Christmas Club

Be flexible with dates

Stay out of big cities

Hike – cheap entertainment

Sometimes it pays to spend money

Rent an apartment—cook yourself

Get a hotel with a big breakfast spring for lunch and snack for dinner

Grocery stores are your best friend

Take away is your second best friend

Rent by the week—no one night stands!

Find out how locals travel cheaply

Find cabins, huts, pensions, hostels, shared bathrooms

Compare apples to apples (tax and tip included?)



Thanks for coming!

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